

FRONTEIRA

EXPLORING THE RIBEIRA GRANDE

Code: FTR PR1

Geographical location: Fronteira

Type: Circular walk

Main themes: Cultural heritage, history, nature

Distance: 7.3 km

Approximate duration: 2 to 3 hours

Type of surface: Country and city paths, wooden walkway, walking trails

Ascent/descent: 154 m

Minimum altitude: 170 m

Maximum altitude: 259 m

Level of difficulty: Medium

Accessibility: Not suitable for people with reduced mobility.

Certifications: Approved by the FCMP (Portuguese Camping and Mountaineering Federation)

Start and finish: Praça do Município, Fronteira

Geographical coordinates: N39°03'24" W07°38'51"

Geographical coordinates: 39.056797 -7.647687

Where to park: Parking available in the immediate vicinity, within the built-up area.

USEFUL CONTACTS:

Fronteira Tourist Office

Telephone: +351 245 604 023

E-mail: posto.turismo@cm-fronteira.pt

When you leave Fronteira heading towards Nossa Senhora da Vila Velha, you get one of the best understandings of the region's history, as you see how beneficial this hill was for standing guard over and defending the crossing of the Ribeira Grande (Big Stream). As you go along the stream, you can feel the effects of the abundant nature teeming with life and see how humans have taken advantage of the resources offered by this same nature. The fields stretching endlessly before you are dotted with whitewashed houses on the horizon. It is charming beyond measure.

A peaceful outing through endless fields is punctuated by the living presence of the Ribeira Grande with its weirs that were previously used as mill ponds and are today important in terms of their biodiversity. This is a short-distance route with all manner of diverse natural scenarios along the way.



